



[www.mylifematters.com](http://www.mylifematters.com)

password SW1

Employee Letter

1-800-634-6433

*Serve Wisconsin/AmeriCorps* is pleased to announce a new Employee Assistance Program (EAP) called **LifeMatters!** We have contracted with Empathia, Inc. to provide this **free, confidential** service to you and your immediate family members.

As of 9/1/17, you can call **1-800-634-6433**, 24 hours a day, every day of the year to receive LifeMatters EAP services. Professional counselors are available at all times to provide assistance to you and your eligible dependents for a wide range of issues, including:

***- Job concerns - Legal/Financial worries - Alcohol/drug abuse problems - Relationship issues - Emotional or stress-related issue - Family needs***

Counseling services are available at **no cost** to you, your dependents, and anyone residing in your household. Each eligible member has six (6) face-to-face counseling sessions, per issue, per year. If additional services are recommended, the counselor will assist you with accessing providers covered by your insurance plan.

Additional access to LifeMatters is available through their website - [www.mylifematters.com](http://www.mylifematters.com). Enter our company password **SW1** to obtain educational information, useful links, help locating child and elder care providers, and self-assessment tests.

You may not need assistance now, but if you or a family member needs help in the future, LifeMatters is always there. If you have any questions about this new service, contact Human Resources or call LifeMatters at 1-800-634-6433.

***Thank you – we hope you take advantage of this excellent benefit!***